R: I have to ask some demographic questions first so what is Clara’s date of birth?

P: \*\*\*

R: And what year is she in at school?

P: Year \*

R: And does she have a special educational need diagnosed?

P: No

R: Does she have an EHCP?

P: No

R: Does she have extra help at school?

P: She is having a little bit of extra help at school and is being taken out of some of her classes to do little courses. Well school are trying to sort that out now.

R: And what kind of things are they focusing on?

P: Mental health, I guess. Yeah

R: Fab. So, Clara did the body mapping task with me. What do you think were the benefits of using a technique such as body mapping when having a conversation with Clara about how she was coping with school? What was good about doing the task as opposed to having a normal conversation with her?

P: Oh yeah. I think because she was doing something creative, she felt more relaxed and … Just able to, sort of, she felt more. I’m stuck! I’m sorry.

R: Don’t worry!

P: I can’t answer questions. I’ve definitely got autistic traits. I want to just say that she felt relaxed because she was doing something.

R: Yeah. So, it took the pressure off in terms of her not feeling like she was being observed quite so much.

P: Yeah. Yeah.

R: What I though was really interesting with the way Clara approached things was that she talked about having synaesthesia and she talked about her feelings about colours.

P: Yes! Yeah.

R: Do you think that having that kind of connection as well made it a more interesting task?

P: Yes. Definitely.

R: And was there anything that you think was a barrier to her exploring the way she was feeling about school by doing the task.

P: No. I think she really enjoyed doing it and felt really relaxed.

R: You mentioned that C - because she took the resources home with her after she’d finished and she did the task with her little sisters. Could you say something more about that?

P: Yeah. She was very proud to show off what she’d done and then she laid out 2 massive bits of paper and got her little sisters aged 8 and 5 to do the same exercise and um. They had good fun.

R: Excellent. Thank you.